FOR IMMEDIATE RELEASE

Of interest to Editors and Journalists covering: Sports, Sports News, Baseball and Youth Baseball.

PETE ROSE BASEBALL CAMP

Youth Baseball Camps conducted by Legendary Player Pete Rose

LOS ANGELES – March 15, 2011 – Full Performance Fitness, Inc. Full Performance Fitness Inc. (www.fullperformancefitness.com) has signed on to manage and promote the Pete Rose Baseball Camp for Youth Baseball Players ages 7 – 14 years old. The baseball legend, "The Hit King", Pete Rose will be a hands on instructor to the players attending his camps to promote better fundamentals and training. Pete's camps will cover Hitting, Fielding, Pitching and Base Running.

The first Camp will be held at Valencia High School in Valencia, CA. Head Coach Jarred Snyder and Assistant Coach Travis Hodge have worked very hard to have everything in order to host this kick off camp. The Camp dates are June 13 – June 16, 2011.

The Pete Rose Baseball Camp (www.peterosebaseballcamp.com) came out of an idea Pete had while watching youth players in practices and games. He felt strongly that there was a greater need to teach youth players the real fundamentals of how the game is played. "When you give these youth players the right training and fundamentals, you set them on a path to become the best players they can be".

Pete has long dreamed of operating camps for the youth players as a way of helping them start off with sound fundamentals and training. His camps will focus very strongly on the way Pete played the game "Charlie Hustle" style and his tremendous knowledge of the game will benefit all the players attending his camps. A larger part of this message is to give back to the game he loves by working with the next generation of young players.

"I am very excited to be able to work with the youth players in our first summer and be able to teach them many drills and fundamentals that will hopefully carry them on throughout their playing careers. If we can start these players off with sound coaching from an early age, they will have a much better chance of being great players and stay with the game longer because of it".

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