

Nutritional Information - Full Performance Fitness Inc.
1st Step for Energy - Liquid B-12

Supplement Facts		
Serving Size: 1/2 oz. (16.2ml)		
Servings per container: 32		
Amount Per Serving		
Calories	16	
Total Fat	0	
Sodium	0	
Carbohydrates	4 g	
Sugars	4 g	
Protein	0 g	
Vitamin B-12	1000 mcg	16667%
Other ingredients: Purified water, natural vegetable glycerin, natural flavors, citric acid, xanthan gum, sodium benzoate (to preserve freshness, potassium sorbate (to preserve freshness)		

Train Like a Champion